

Instruction Manual



yes

4.0

Ana-digit 24 hour Solunar Movement

zulu - inca - kundalini - cozmo

**Welcome to the Ownership
of a YES Watch.**

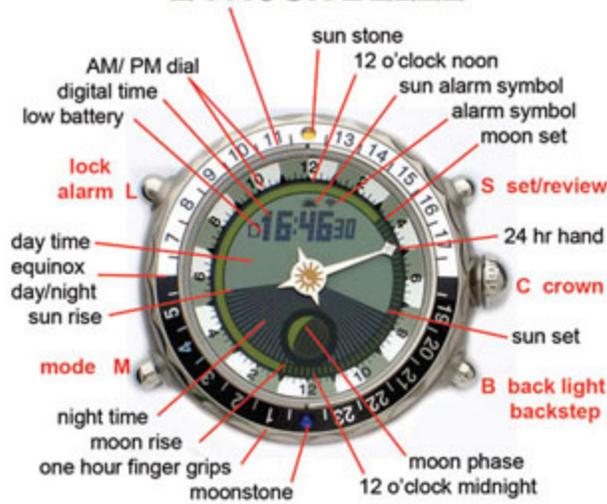
YES is a complex time machine
and offers layers of time not usually found in a wristwatch.
Solar time, lunar time, digital time and military time,
along with many other features,
are all packed into one time piece.

In order to get the most out of your watch,
we strongly recommend reading this manual.

www.yeswatch.com

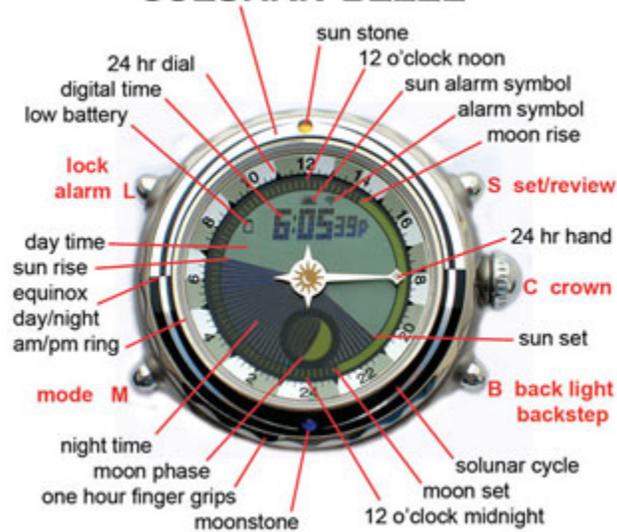
Copyright Wild Seed Inc. 2006

24 HOUR BEZEL

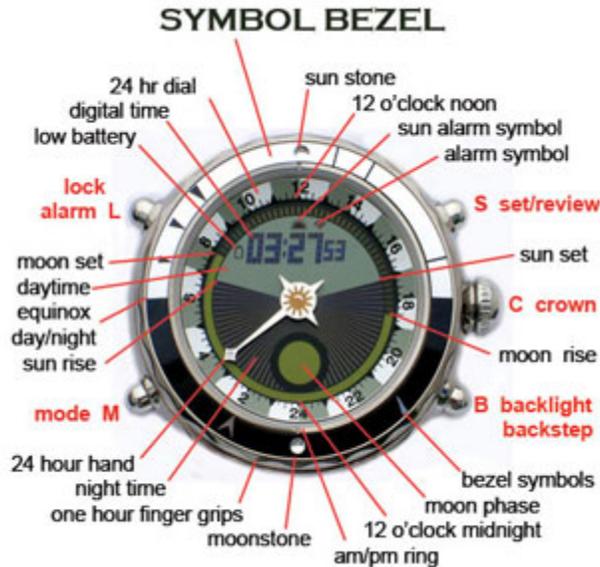


[Click to keep image in pop-up window while reading further instructions.](#)

SOLUNAR BEZEL



[Click to keep image in pop-up window while reading further instructions.](#)



[Click to keep image in pop-up window while reading further instructions.](#)

Basic Button Functions

M - The **M**ode button is used to cycle through these modes:
SHOWING TIME (for HOME / AWAY locations)
SET HOME > SET AWAY > SET TIME
SETLCD RING > STOPWATCH > TIMER
S/M CALC > PET COUNTDOWN

S - The **S**et & Data review button is used to enter selected mode and to set data. In normal running mode it is used to review time data and toggle between HOME / AWAY locations.

L - The **L**ock & Alarm button is used to lock settings, enter and activate the alarm, override DST settings manually and other time data review functions.

B - The **B**acklight button is used to turn the light on, turn the Digital time off and step backwards during setting sequence.

C - The **C**rown is used to set the 24-hour solunar hand.

Please note that for the watch to operate correctly
location and time must be set.

How to set HOME and AWAY locations

The watch is pre-programmed for 583 locations worldwide
through the years 2000 - 2099.

The city listing is in alphabetical order.

- Push **M** once until display reads **SET HOME**, then push **S** to enter the alphabetical setting sequence. The letter **A** will flash.
- Push **S** until you reach the first letter of your city, then push **L** to enter the city listing. Continue pushing **S** until your city appears. (If you pass your selection, push **B** to go backwards.) Then push **L** to lock the selection. The display will read **WAIT** and then it will display location and time.

- To set your **AWAY** location push **M** twice until display reads **SET AWAY** and then follow the same procedure as above.

- To toggle back and forth between time for HOME and AWAY locations, push **S** twice, quickly.

Pushing **M** anytime during setting procedures,
or pushing no button at all for 2 minutes,
will revert the watch to previous setting.

How to Set location by latitude and longitude

To do this you need to know latitude, longitude, time zone and DST system for your location. Go to **LAT/LON** under **L** in city listing for either **SET HOME** or **SET AWAY** mode, then push **S** to enter the setting sequence guided by a flashing letter or number. Push **S** to set (**B** to go back) and **L** to lock each flashing digital readout. The sequence is as follows:

1. **Latitude:** S=south ~ N=north / 0~90 degrees
2. **Longitude:** E=east ~ W=west / 0~180 degrees
3. **Time Zone:** Plus/minus 12 hours in 30 min increments
4. **DST:** USA / EUROpe / AUSTRalia / LATiN America or NO DST

Once completed the display will read **WAIT** and show time.

- To determine your LAT/LON see an atlas or the internet.
- To determine your time zone see map on inside back panel.
- To determine DST see page 25 or contact a local source.

Please note that the calculations for setting locations and time may take up to 45 seconds.

How to set Digital time and 24-hour Solunar hand

Push **M** three times until **SET TIME** is displayed and then push **S** to enter the setting sequence guided by a flashing letter or number. Push **S** to set (**B** to go backwards) and then push **L** to lock each flashing readout in the following sequence:

1. **Choose display mode:** AM/PM or 24 Hours.
2. **Then set the last 2 digits of Year, Month and Date. Please note that the setting of year begins with the 2 digits on the right. For example, in 2013 use 13.**
3. **Then finally set Hours and Minutes.**

Once you lock the minutes the display will read **WAIT** and the seconds will start counting.

Now that you have set digital time for HOME, your watch will automatically adjust for AWAY time, all other time data, and any future changes in HOME location.

Pull the crown **C** out and turn until the solunar hand points to time on the 24-hour dial. 12 o'clock noon is on top, 24 hour midnight on bottom. Push crown back in to engage hand.

How To Tell Time

YES offers an extensive universe of time data. The following are descriptions of the various aspects and how to use them to your full advantage.

24-HOUR TIME

The 24-hour solunar hand, which tracks the sun's and moon's path across the sky, points to time on the inner 24-hour dial. Noon on top, midnight on bottom. Every other hour is shaded and (15), 30 and (45) minute intervals are indicated.

SOLAR TIME

The main center segments shows the ratio of day and night, times for sunrise and sunset, and they relate to the 24-hour dial. Each solar segment represents 15 minutes.

LUNAR TIME

The smaller circle in the bottom half of the LCD indicates the lunar phase. Each moon phase segment represents about 44 hours. The outer LCD ring shows the ratio for moon up and moon down, times for moonrise and moonset, and they relate to the 24-hour dial. Each lunar segment represents 15 minutes.

All rotating bezels represent a 24-hour dial with an equinox day and night display.

The duo finish on the thin ring inside the bezel divide the AM/PM hours.

When setting the sunstone halfway between sunrise and sunset, it indicates time for solar high noon.

Depending on which watch model you have, one of the following three bezel descriptions applies.

24 HOUR BEZEL

The 24-hour bezel is best used to keep time for a second time zone or location at a glance. Rotate the bezel until hand points to time for the desired time zone. This bezel is accompanied with an AM/PM inner dial.

SYMBOL BEZEL

The symbols coordinate to a 24-hour dial and can be used to keep time for a second time zone or location at a glance. The symbols can also be used as a code for daily personal events. You choose the meaning. This bezel is accompanied with a 24-hour inner dial.

SOLUNAR BEZEL

The solunar bezel can be used to track the daily rise and set of the sun or the moon. This bezel is accompanied with a 24-hour inner dial.



SOLSTICE & EQUINOX DATES

On solstice and equinox dates the center LCD center segments will turn into a sun display. Every 30 minutes the event name will display for 30 seconds and flash a thin ray sun display. To show regular time display push and hold S for 2 seconds.

CROSS QUARTERS

On cross quarter dates, the days halfway in between equinoxes and solstices, the LCD center segments will turn into a sun display. Every 30 minutes the event name will display for 30 seconds and flash a thick ray sun display. To show regular time display push and hold S for 2 seconds.

Following is the sequence of the above mentioned dates:
WINTER SOLSTICE >> IMBOLC >> SPRING EQUINOX >> BELTAINE
SUMMER SOLSTICE >> LLAMAS >> FALL EQUINOX >> SAMHAIN

DIGITAL TIME DATA REVIEW

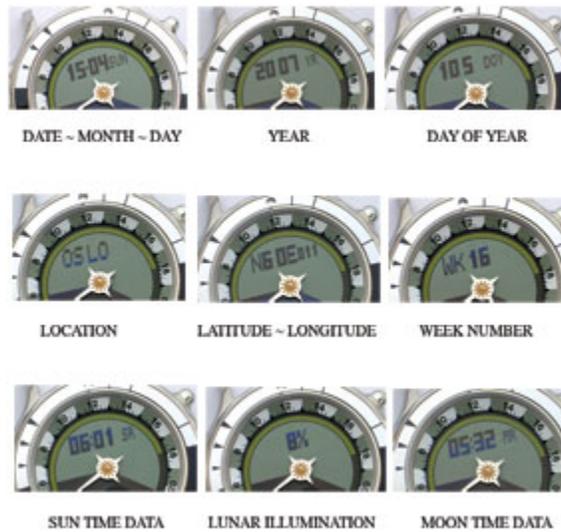
When **SHOWING TIME** the digits show **hrs : min : sec** for either HOME or AWAY location, depending on your choice. All daily time data is displayed by pushing the S button:

- Push S once and Month, Date and Day appears for 3 seconds.

- Pushing **S** twice will take you to the other location. Pushing **S** twice again will take you back.
- Push and hold **S** for 2 seconds and the following sequence of time data will display:
 - Location > Year > DOY (Day Of Year)
 - Week # > Latitude / Longitude
 - SR (Sun Rise) > SN (Solar Noon) > SS (Sun Set)
 - Moon % Illumination - MR (Moon Rise) > MS (Moon Set)
 - NM (month : date and hrs : min of next New Moon)
 - FM (month : date and hrs : min of next Full Moon).

Each will display for 5 seconds unless you push **S** to manually cycle through the sequence quicker. Push **L**, or push and hold **S**, to change to next group of data in the sequence of:
 CITY & TIME data > SUN data > MOON data
 Push **M** anytime during the sequence to revert to time.
 If accessing time data at night push the **B** button repeatedly to keep the light on.

Some of the digital display read-outs.



BACK LIGHT

Push **B** once to turn back light on for 3 seconds. When setting the watch at night, push **B** frequently to keep the backlight on. To use backlight during time data review, push **B**.

TURNING DIGITAL TIME OFF

Push **B** twice to turn digital time display off. This will render a display that relates the 24 hour solunar hand and the 24 hour inner dial, to the daily rhythms of the sun and the moon. Pushing any button will restore the digital time display.

FINDING SOUTH

On a sunny day the watch can be used as a makeshift compass. Rotate the bezel until the sunstone falls at solar high noon, halfway between sunrise and sunset. Then point the hand towards the sun and the sunstone will point to the South. At high latitudes this feature becomes less accurate.

RESTARTING THE WATCH

The watch can be restarted by pushing all 4 buttons at once, which will cancel all previous settings, sound alarm, flash display, turn back light on and then start running time from 01-01-2006 with Los Angeles as HOME and Paris as AWAY. Location and time must be reset.

How to set the outer LCD ring

Push **M** 4 times until **SET RING** displays, then push **S** to review choices and **L** to lock selection. The choices are:
MR/MS = LCD ring will show times for moon up/down and moon rise/set for location displayed.
SR/SS ALT = LCD ring will show day/night ratio and sun set/rise for alternate location.
The watch will show **MR/MS** if the watch is restarted, battery exchanged, or if no choice has been made.

How to use the Stopwatch

Push **M** 5 times until display reads **00:00:00 c.** Push **L** to start stopwatch and **S** to stop it. Time elapsed will display. Pushing **S** again will reset to **00:00:00 c.** To start again push **L**.

- If you want to take lap time push **L** to start stopwatch and then push **L** again to display lap time for 5 seconds, before new lap time is automatically counted. Repeat lap taking as necessary. Pushing **S** will show elapsed time of all laps. Push **S** again to reset to zero.
 - Stopwatch will run up to 23hr : 59min : 59sec.
 - Push **M** to exit and revert to time display.

Push **M** 5 times to re-enter stopwatch mode and last setting.

How to use the Timer

- Push **M** 6 times until display reads 00:00 TR
 - Push **S** to set (**B** to go back) and **L** to lock the timer data, up to 99 min 59 sec. First set the minutes, then seconds.
- Push **L** to start and stop the timer countdown. At zero a 15 second alarm will chime. When re-entering timer mode, or pressing **S** after the timer has stopped the display will show last setting.

How to set and use the alarms

In normal running mode push **L** to enter the alarm setting and activation mode. Initially **00:00** will display; once set the actual alarm time will show.

- Push **S** to set (**B** to go back) and **L** to lock alarm time, first Hours, then Minutes. When the sound symbol above the digital time appears the alarm with a 10-minute snooze will sound.
 - To activate the automatic sun rise and sunset alarm, which chimes half hour before and at sunrise and sunset, push **L** until the rising sun symbol appears above the digital time.
 - By repeatedly pushing **L**, both, either or no alarm can be activated, as indicated by the alarm icons shown.
-

How to use the Past & Future time data calculator

This function will give you the sun and moon data as outlined above for any location from year 2000 to 2099.

- Push **M** 7 times until display reads SM-CALC and then push **S** to enter the setting sequence guided by a flashing letter or number. Push **S** to set (**B** to go backwards) and **L** to lock each flashing digital readout. The sequence is as follows:

LOCATION > YEAR > MONTH > DATE

The display will read WAIT, and then show location, followed by the time data. Setting will remain in memory and can be reviewed in SM-CALC mode. Initially HOME location is displayed, or if previously set, the last selected city will be shown when entering this mode. Push L to review data for this setting.

- Pushing L during data review sequence will speed it up. Push and hold L for 2 seconds to change to next group of data during the CITY & TIME data > SUN data > MOON data review sequence.
 - Push M anytime to revert to regular time display.

How to use PET countdown

The Phase Elapsed Time function is used to count down the days, hours, minutes and seconds to a specific event. It can also be used to count up after the event. Up to 9999 days either way.

- Push M 8 times until PET is displayed and then push S to enter setting sequence. Push S to set (B to go back) and L to lock each segment in the flashing sequence of:

YEAR > MONTH > DATE > HOUR > MINUTE

- Once set, the display will show the time of event and then how many days are left, before it reverts to showing continuous countdown by hours, minutes and seconds.
- To exit PET push M once to show regular time. Push M 7 times to re-enter PET. When re-entering the mode pushing L will show PET data, while pushing S will enter the setting sequence.
 - There is a 30 beep countdown alarm prior to take-off before the digital time starts counting up.
 - The countdown event refers to time for HOME location only.
 - The arrow displayed after the digits indicate if PET is counting UP or DOWN.

Auto return

If you enter any mode except for **Stopwatch**, **Timer** and **PET**, the watch will automatically return to **SHOWING TIME**, after about 2 minutes of no operation. Pushing M while in **Stopwatch**, **Timer** or **PET** mode will return the display to **SHOWING TIME**.